REGISTRATION FORM
(PLEASE PRINT)

Name: _______________________________
Mailing Address: __________________________
_________________________ Zip ___________
Preferred Phone: (  ) _______________________
Email: _______________________
Highest Earned Degree: _______________________
Specialty and Professional Affiliation: _______________________
Please note any dietary restrictions: _______________________

Registration Fee: $1440.00
Registration Includes: Tuition, course materials, breaks and lunches.
Please note that at this time we are unable to offer CME credit.

Checks should be made payable to:
L.A. BIOMED RESEARCH INSTITUTE

Mail Registration form and check to:
Ms. Charlene Humphrey
LABiomed at Harbor-UCLA Medical Center
1124 West Carson Street, CDCRC, Rm 210
Torrance, CA 90502

For payment by Visa, Mastercard, or Discover Card please call with card information: (310) 222 3801

Registration limited to 30 participants. Refunds (minus $150 processing) will be made for cancellations at least 30 days prior to course date.

Harbor-UCLA Practicum in Cardiopulmonary Exercise Testing

Upcoming Course Dates:
Thursday - Saturday
October 19-21, 2017
Course Faculty

Karlman Wasserman, M.D., Ph.D.
Emeritus Professor of Medicine
Division of Respiratory and Critical Care Physiology and Medicine
Harbor-UCLA Medical Center

Harry Rossiter, Ph.D.
Associate Professor, UCLA
Harbor-UCLA Medical Center

Darryl Y. Sue, M.D.
Emeritus Professor of Medicine, UCLA
Harbor-UCLA Medical Center

Richard Casaburi, Ph.D., M.D.
Professor of Medicine, UCLA
Harbor-UCLA Medical Center

William W. Stringer, M.D.
Professor of Medicine, UCLA
Harbor-UCLA Medical Center

Janos Porszasz, M.D., Ph.D.
Technical Director
Rehabilitation Clinical Trials Center
Harbor-UCLA Medical Center

Susan A. Ward, Ph.D.
Emeritus Professor of Sports Science
University of Leeds

Kathy E. Sietsema, M.D.
Course Director
Professor of Medicine, UCLA
Chief, Division of Respiratory & Critical Care Physiology and Medicine
Harbor-UCLA Medical Center

Contact: ksietsema@LABiomed.org

About the Practicum: The Practicum was inaugurated in 1982 by Drs. Karlman Wasserman and Brian J. Whipp in response to requests for practical instruction in cardiopulmonary exercise testing. Since then the content of the course has evolved to incorporate changes in applications and technical capabilities in the field but continues to have the physiology of exercise as its basis. The three day program includes didactic lectures, small group discussions, and laboratory demonstrations. Educational goals are to understand the physiologic basis of gas exchange responses to exercise, and to be able to interpret and utilize data from clinical exercise tests. The course is intended for physicians in clinical practice or academics, exercise scientists, and laboratory personnel involved in cardiopulmonary exercise testing. No specific preparation is required. A copy of the textbook Principles of Exercise Testing and Interpretation is included in the registration.

Overview of the course content:

Day 1 – PRINCIPLES 8:30 am to 6 pm
Physiologic basis of exercise
Matching internal and external respiration
Practical issues in conducting a clinical exercise test
Laboratory demonstrations: Calibration and Incremental work
Group discussions
Evening reception – meet the faculty

Day 2 – TESTING 8:30 am to 5:00 pm
Summarizing and displaying data for analysis
Normal values
Applications of exercise testing
Calibration and Validation
Laboratory demonstration: Constant work rates
Dynamic responses to exercise and use of constant work rates
Group discussions

Day 3 – INTERPRETATION 8:00 am to 3:00 pm
Typical pathophysiologic response patterns
Strategies for integrated interpretation and reporting
Practice Interpretations of clinical tests
Final discussion and wrap-up